



BAYSHORE
CHRISTIAN SCHOOL

Christian, Classical, Life Preparatory

Parent and Student Athletic Handbook

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ATHLETIC OVERVIEW

1.1 | Mission Statement

Bayshore Christian School exists to glorify God by equipping students to fulfill their lifelong calling as we educate them with an academically excellent classical Christian curriculum. Our mission is to graduate students with a biblical worldview who will inspire, impact, and serve their communities. Our students will be critical thinkers who are academically and spiritually prepared for college and their life's calling. They will be defenders of the Christian faith and able to exquisitely articulate that defense. They will be lovers of whatsoever things are true, honest, just, pure, lovely, and virtuous.

We aim to find our students well prepared in all situations, possessing both information and the knowledge of how to use it. We desire that they be socially graceful and spiritually gracious; equipped with and understanding the tools of learning; desiring to grow in understanding, yet fully realizing the limitations and foolishness of the wisdom of this world.

We desire that they have a heart for the lost and the courage to seek to dissuade those who are stumbling towards destruction; that they distinguish real religion from religion in form only; and that they possess the former, knowing and loving the Lord Jesus Christ. And all these we desire them to possess with humility and gratitude to God.

2.1 | Athletic Participation Policies

JV Team Player Selections by Grade: Note: Any of these numbers are subject to revision by the Athletic Director at any time.

Sport	Basketball	Volleyball	Soccer
Minimum Players	7	8	13
Grades	7 th -11 th	7 th -11 th	7 th -11 th

Varsity Team Player Selections by Grade: Note: Any of these numbers are subject to revision by the Athletic Director at any time.

Sport	Basketball	Volleyball	Soccer	Softball	Baseball
Minimum Players	7	8	13	11	11
Grades	7 th -12 th	7 th -12 th	7 th -12 th	7 th -12 th	7 th -12 th
Sport	Cross Country	Tennis	Golf	Swimming	Wrestling
Minimum Players	None	6 boys and 6 girls	None	None	None
Grades	7 th -12 th	7 th -12 th	7 th -12 th	7 th -12 th	7 th -12 th

7th and 8th Grade Students Playing Varsity Sports: BCS philosophy is that 7th graders will be allowed to try out for Varsity teams only when the Athletic Director decides that it is in the best interest of the BCS athletic program and to the individual student and his/her family.

Try-outs: Try-outs and the team cutting processes will be conducted during the first days of practice for 1-4 days (at the coaches' direction) or during the allocated off-season days granted by the AHSAA. Generally, prospects will be expected to attend all practices and/or try-outs from

the very first day. Generally, any student allowed to try-out late must have emergency reasons for doing so and must have the Athletic Director approval for a late try-out.

Dual sport prospects will be subject to the same try-out/cutting criteria as all other athletes.

Policy of Single Season Dual Sport Participation: A student may participate in two sports during a single sports season (fall, winter, spring). For example, in the fall a student-athlete decides to participate in Swim and Cross-country. That student will need to declare their primary sport and attend the secondary sport when time allows.

The following conditions apply to single season dual sport participation.

1. The student must designate one sport as a priority sport. Participation in that designated sport would take precedence in the event of a conflict preventing participation in contests in both on a single day.
2. Although coaches will be obliged to allow dual participation, coaches may consider the impact of a dual participant in “cutting” and playing time decisions. In other words, coaches will be allowed to choose and field the best possible team and may decide a dual participant athlete is less able to make a positive contribution than a comparably skilled single sport athlete.

Dual sport participants will attend as many practices, competitions, and games as possible in both sports. Thus, a volleyball player with a “day off” would attend swim practice rather than going home to rest. Participation in both teams’ practices would be encouraged when possible. Where possible, practice time will be split equally between the two sports. Athletes are expected to maintain regular communication with coaches of both primary and secondary sport teams.

Sunday Practices: Sunday practices are prohibited, including “optional” practices. Families may open the gym on Sundays for “free play”, but no organized practices, even optional attendance, may be held.

Non-School Day Practice: As approved by the Athletic Director, non-school day practices can be required. Attendance is expected unless discussed ahead of time with the coach.

Practice Length: Practices may be no longer than 2 1/2 hours in length for any one child except with approval of the Athletic Director.

Out-Of-Season Expectations: During the school year, student-athletes are expected to give the in-season sport in which they are participating first priority, and are not expected to train for another school sport during that time period. During the summer, all student-athletes are expected to work on and develop their athletic abilities. Understanding that family and personal time take first priority during the summer, there are various opportunities (at school and outside of school) for student-athletes to train when they can. If a student-athlete is in town and not committed to a family activity, it is assumed that he/she will be engaged in some sort of personal strength and speed development program.

Year-Round Strength and Speed Training: BCS cannot have successful athletic programs without a strong commitment to strength and speed training. Logic and Rhetoric School student-athletes are expected to work hard on improving strength and speed throughout the school year, whether they are in or out of season. Varsity Head Coaches will, in accordance with league rules, provide both voluntary and/or mandatory opportunities to student-athletes to train in the gym and on the fields throughout the year.

Athletic Fees: All athletes will be required to pay a fee for each sport in which he/she participates. These funds will be used to pay for various expenses including officials, utilities, equipment, etc.

All Logic Students will pay a \$150 sports fee for any and all Bayshore sports in which he/she participates. All Rhetoric Students will pay a \$250 sports fee for any and all Bayshore sports in which he/she participates. Additional “Spirit Pack” fees vary with each sport. This fee must be paid before participation in any game/match and Bayshore Christian school uses FACTS as payment.

Participation and School Attendance: A student, who is absent from school more than one half day, may not participate in extra-curricular activities that day, either in practice or in games unless their Head of School gives permission to do so. Check-outs prior to 11:30 a.m. in which the student does not return to school will be counted as an absence. If the contest falls on a Saturday or on a day off from school, the attendance rule applies to the preceding day’s school attendance.

Rules and Regulations for Athletics: All applicable policies and guidelines established by Bayshore Christian School administration apply to students participating in extracurricular programs at Bayshore Christian School.

Each student must have parental permission in writing in order to participate in extra-curricular activities. This permission requirement is met by completing and returning (1) physical form (2) student release form, (3) concussion form and (4) the sportsmanship certificate.

The Athletic Director shall be responsible for ensuring that all players meet both Bayshore Christian School and AHSAA requirements for participation. The Athletic Director will notify coaches of any ineligible players. Coaches shall submit to the Athletic Director a list of participants at the beginning of the season in order to facilitate this review.

Injury Related Unconsciousness in Athletics: Any BCS athlete who becomes unconscious “blacks out” for any length of time during a game or practice is ineligible to continue practice or re-enter the game for the remainder of that practice or event. Students may return to practice/competition with a doctor’s note.

CONFERENCE MEMBERSHIP AND TEAM OFFERINGS

2.1 | Conference Membership

Bayshore Christian School is a full-time member of the Alabama High School Athletic Association (AHSAA)

2.2 | Athletic Teams

Fall	Winter	Spring
<i>Varsity</i>	<i>Varsity</i>	<i>Varsity</i>
Volleyball: Women Cross Country: Men and Women Swimming: Men and Women	Basketball: Men Basketball: Women Cheerleading Bowling: Men and Women Wrestling: Men	Baseball: Men Golf: Men Soccer: Men and Women Softball: Women Tennis: Men and Women

<i>Junior Varsity</i>	<i>Junior Varsity</i>	<i>Junior Varsity</i>
Volleyball: Women	Basketball: Men	Baseball Soccer: Men Soccer: Women
<i>Middle School</i>	<i>Middle School</i>	<i>Middle School</i>
Volleyball: Women Swim: Men and Women Cross-country: Men and Women	Basketball: Men and Women	

CONDUCT AND DISCIPLINE

3.1 | Conduct

All participants and fans should act in a positive manner by encouraging and supporting their team. Negative comments or actions toward opposing teams or officials are unacceptable and are not consistent with the purpose of our school.

Ephesians 4:29a “Let no corrupt communication proceed out of your mouth, but that which is good...”

Officials/Referees: Officials and referees are authority figures and they are to be treated with respect at all times. The officials should be recognized as impartial arbitrators who are trained to do their job and who can be expected to do it to the best of their ability. Sportsmanship implies the willingness to accept and abide by the decisions of the officials. As humans, they will make mistakes, but that does not give us an excuse to address them in a disrespectful manner. Coaches must set the proper example. If a coach is ranting and raving at the refs, it sends the message to the players and fans that it is okay to harass the officials. Parents who loudly harass the referees are an embarrassment to the school, and they do not portray the Christian character we are trying to teach the students. When parents or coaches criticize officials, it encourages the players to place the blame for their failures upon others. One of the benefits of playing sports is learning to accept responsibility instead of making excuses. If a parent or fan is out of line, a school administrator should ask his/her to settle down or leave. Do not wait until officials have to take action.

Opposing Teams: The host school should always extend gracious hospitality toward the visiting school. Win or lose, exhibit good sportsmanship toward your opponent, their coaches, and fans. Always shake hands after the game. Never taunt an opponent, demonstrate a lack of respect, or provoke another team or its fans. Never address an opposing player in a derogatory manner by name or number. Booing is unacceptable. Do not razz or attempt to rattle the other team’s players, coaches, or fans. It is not acceptable to attempt to disrupt, distract, or upset players on the opposing team. Cheers like “miss it” or excessive noise during foul shots are prime examples.

Cheerleaders: Cheerleaders should set a good example and help control the reactions of fans. They should select positive cheers which encourage their own team without antagonizing their opponents. All spirit posters should be positive in nature and not refer to the opposing team in a negative manner. Always use discretion in selecting when to cheer and give the opposing team’s cheerleaders an equal opportunity to execute its cheers.

Coaches: Coaches bear the greatest burden of responsibility for sportsmanship. The influence of the coach upon the attitudes and behavior of the players and fans is unequalled. In order for sportsmanship to become a reality, it is essential that the coach subscribe to the values of sportsmanship and teach its principles through words and actions.

Coaches Authority: The coach's authority to lead his/her team as he/she deems appropriate is in keeping with the philosophies and policies of Bayshore Christian School. The head coach is charged with conducting tryouts, determining the team roster, defining player expectations, implementing team rules, deciding student-athletes' playing time, and taking disciplinary actions whenever necessary. Student-athletes are expected to completely and respectfully abide by the leadership and authority of the head coach and his/her assistants. Disciplinary measures may include but are not limited to increased exercise, suspension from a game, or expulsion from the team. Grievances with disciplinary measures or other issues a parent may have should be taken directly to that coach first. Wisdom is advised in choosing what issues a parent should take to the coach. Please keep in mind that most parents believe that their child should be getting a majority of the playing time and that expectation is not possible or realistic when dealing with a group of athletes. When approaching a coach, parents should do so in a respectful way and in a manner consistent with Galatians 6:1-3. If the matter is not resolved then the Athletic Director should be contacted. The final step in conflict resolution, if needed, would be to contact the Head of School in writing.

Volunteer Assistant Coaches: When volunteers offer to assist, the head coach is required to obtain approval from the Athletic Director. With said approval, the head coach becomes responsible for proper training of the assistant, including (1) making certain the assistant reads this handbook and agrees to adhere to these policies, and (2) conducting appropriate interview procedures.

Parent Coaches/Assistants/Volunteers: Volunteer coaches or assistant coaches who are also parents of team member are expected to maintain a professional detachment from the parent/child relationship while "on duty". In other words, they act as "parents" only after leaving the game, practice field, or court for the confines of their home.

Time Commitments: Coaches are expected to attend all scheduled events (practices and games). Coaches should arrive to practices and games early enough to set up equipment at the facility and to greet their team. Coaches should not leave the facility of a game or event until all student-athletes have left the premises or have made prior arrangements with parents.

Communication: Coaches must communicate with student-athletes and parents on a regular basis. At the start of the season, coaches must communicate to parents the expected commitment to the team and the anticipated practice and game schedule, and the communication must be in writing. Weekly communication from the Head Coach to parents is also a minimum requirement.

3.2 | Discipline

School Discipline Policy: The Bayshore Christian School Parent/Student Handbook discipline policy for students applies in full to our coaches and athletes. All consequences of discipline problems described here may be applied to athletes, including but not limited to office visits. The kind and amount of discipline (punishment) will be determined by the coaches and, if necessary, Logic and Rhetoric Principal. The discipline will be based on Biblical principles, e.g., restitution, apologies (public and private), punishment, restoration of fellowship, no lingering attitudes, etc. In order to maintain consistency, coaches will regularly meet with the Athletic Director to

discuss Biblical standards and school guidelines concerning discipline.

It is vital for parents and students to realize that maintaining an orderly atmosphere in the school and athletics is critical to the learning process. As in all other areas of the education at BCS, love and forgiveness will be an integral part of the discipline of a student.

All policies for student behavior adopted by the Bayshore Christian School Board apply to athletics. The same consequences for disobeying the discipline standard of the school will apply toward misbehavior during athletics.

When discipline is necessary, the coach may administer any of the following options (the coach is not limited to these options):

1. Suspension from part or all of practice(s)
2. Suspension from one or more events
3. Suspension from the team, with approval of the Athletic Director

Parents will be notified beforehand of all major disciplinary actions. The coach is responsible to notify the Athletic Director of any discipline.

Any participation fees charged would not be refunded in the event a player is suspended from the team.

Ejections: Any ejection from a game or match by an official will result in a minimum of a one (1) game suspension from athletic events. This applies to coaches, students, and parents. BCS parents may not approach an official to discuss any issues before, during, or after a game or match, or for any other reason. Any ejection decision by an official will be adhered to by the coaches, parents, athletes, and the school administration without further discussion. There will be no appeal.

Departure from Team: There are three types of departure from a team. Please note no athletic fee refunds will be given for any departure.

1. Leaving a team - season ending injury, poor health, family emergency or academic performance all may lead to permissible departure from the team only after being discussed between parents, the head coach and/or Athletic Director. A student-athlete may still be eligible for a varsity letter in this circumstance, and he/she will still be eligible for his/her next season sport.
2. Quitting a team - regardless of reason, any player quitting a sport after he has started the sport will not be eligible to participate in the following season sport. He or she will not earn a letter in that sport. The only exceptions to this rule are if the student-athlete and head coach have clearly communicated up front that a quit might be in play OR if mutually agreed on reasons for quit become apparent between the player AND the head coach and Athletic Director AND approval is granted for following season play.
3. Being dismissed from a team - regardless of reason, any player who is dismissed from a team for conduct, rules infractions, or disciplinary reasons will not earn a letter in the sport or be eligible to play in the following season sport.

Substance Abuse: The school vigorously opposes student use, possession, or distribution of tobacco or alcohol in any form, on campus or off campus. Violation subjects a student-athlete to disciplinary action deemed appropriate by the coaching staff and administration. Penalties could

include multiple-day suspension, permanent removal from the team, or expulsion from school. Students are not permitted to use, possess, purchase or distribute illegal drugs, including athletic performance enhancement drugs. Violation subjects the person(s) involved to disciplinary action and may lead to the involvement of local law enforcement. Athletic performance enhancing drugs are detrimental to the health of the student and are never an acceptable alternative to hard work.

Hazing: Hazing is defined as subjecting someone to an indignity, fright, abuse or threat and is not tolerated. Violation subjects the person(s) to disciplinary action.

ELIGIBILITY AND ATTENDANCE

4.1 | Academic Eligibility

All Bayshore Christian School students participating in BCS athletics or co-curricular activities must maintain a 70 in each subject and a minimum 2.5 overall unweighted GPA. The eligibility is maintained throughout the entire season. An athlete who begins the season fully eligible may not “lose” eligibility during that sport season.

4.2 | AHSAA Eligibility

What every parent should know about the AHSAA Academic Rule: A 10th, 11th or 12th grade student must have passed a minimum of six units of work (including any four core courses) with a composite average of 70 for those six units during the preceding two semesters of attendance. Any four core courses must be included in the six passed and averaged. A maximum of two units (subjects) may be earned in an accredited summer school and/or Credit Recovery. All students must be taking six units of work (ones not previously passed) during the current year (seniors on track for graduation fall under different guidelines). An 8th or 9th grade student must have passed a minimum of five new subjects with a composite average of 70 and must have been promoted to the next grade.

What every parent should know about the AHSAA Transfer Rule: A student is eligible at his/her home school at the beginning of each new school year. The home school is the AHSAA-member school that serves the area where the parents reside. Students entering the seventh grade for the first time are eligible where they enroll.

A student who is enrolled in one school then leaves and enrolls in another school at any time after beginning the seventh grade is a transfer. A student who attends a school outside of his/her home school district must attend that school for one full calendar year in order to establish athletic eligibility. Before transferring from one school to another, always check AHSAA eligibility rules.

A student may not participate on a non-school team or in an outside sport activity (including camps, tryouts, showcases, etc.) in his/her sport during the school sport season, with the following exceptions: Students in track, cross country or wrestling may participate as an independent only in two outside activities with no loss of school time during the season in that sport. A student in soccer who participates in an Olympic Development Program may take part in one evaluation per month during the school soccer season. Students in tennis, golf and swimming are exempt from this rule but must compete only as an independent, not part of a non-school team.

What every parent should know about the AHSAA Outside Participation Rule: Private individual instruction is not considered an outside sports activity. Private individual instruction is

one-on-one instruction between one athlete and one instructor and cannot be instruction with another player or groups of players. A team's school sports season begins the day of the first contest and ends when the team's season has been completed.

A bona fide move occurs when a student's parents move completely out of one school attendance zone into another. Guidelines for determining a bona fide move include: The household furniture of the family must be moved into an unoccupied house or apartment. All principal members of the family must reside in the new place of residence. The original residence must be closed, rented or disposed of and not used by the family. Nine months at the new residence will be required to make a move bona fide.

4.3 | Attendance Policies

Practice Attendance Policy: Consistent practice or attendance at scheduled practices will be required for participation in Bayshore Christian School extracurricular activities. In general, students will be considered "excused" from practice only for sickness/injury, doctor/dental appointments, and family emergencies. Students should make a vigorous effort to notify coaches of their need to be absent for any of these circumstances, and planned appointments should be scheduled as much as possible for times not conflicting with practices. Any athlete who does not attend practice, fails to make schedule team or individual meeting, or fails to attend school on game day or practice days may not be allowed to suit up for any game or games for a period of time to be determined by the coach and Athletic Director. Repeated absence from team practices or meetings may be cause for removal from the team.

It is expected that BCS athletes commit to their BCS team above and before "outside" activities.

Coaches may use their discretion in allowing practice to be missed for other situations when the student asks for permission in advance. These students will have to make up missed conditioning prior to participation in the following game (in these special prearranged absences). Otherwise, absences will be treated as unexcused and the absent student will not be allowed to play for no less than one-half of the next game/match (at least one half game benching per absence). Exceptions to the policy will require approval of the Athletic Director and/or Head of School.

Cell Phone Policy: Student athletes will not be allowed to use their cell phones during practice or athletic events. In case of emergency parents need to get in touch with their child they may call the school or the coach during practice.

Game Attendance Policy: Except for illness, injury, or genuine family emergency, unexcused absence from a game will result in a long-term suspension or dismissal from a team – the length of suspension to be determined by the Athletic Director in consult with the coach.

AWARDS

Logic and Rhetoric School Varsity Letters Eligibility: Being on a varsity roster does not mean that a varsity letter will be earned. Logic and Rhetoric School athletes may receive cloth letters for meeting the requirements outlined below.

1. Play/Participation Time - Students must participate in 60% of the season games to earn a varsity letter.
2. Servant-Leadership - Students must demonstrate commitment, positive attitude, and enthusiasm - serving the team in a significant way throughout the season. Also used for

- player who played less than 60% of season games.
3. Completion of season - a team member must complete the season on the team's roster. If a player quits a team or is dismissed from a team, he or she will not qualify for a varsity letter. If an injury or season-ending injury impacts the minimum playing/participation time qualification, then it is up to the discretion of the Varsity Head Coach and Athletic Director to determine whether or not the playing/participation time qualification would have been met based on to-date contribution at the time of the injury.
 4. An athlete receives a letter for participation in his or her first varsity sport, along with the pin for that sport. All future varsity participation results in a pin only.
 5. To be eligible for a letter, a student may not have been suspended or subject to any serious school or team disciplinary action.

Logic and Rhetoric Letters

These awards will be given as follows:

First year	Letter and pin
Second year	Bar
Third year	Bar
Fourth year	Bar

A letter and pin will be awarded to a student manager who fulfills their responsibilities for two entire seasons of game only service or one season of game and practice service.

End of Season Programs and Awards: Special awards programs will be scheduled at the end of each sport season.

The following awards are allowed to be presented (fewer awards may be given at the coach's discretion):

1. The Jeff Hauge Male/Female athlete of the year award seeks to award a Bayshore Logic and Rhetoric student-athlete who exemplifies a Christ - like attitude on the field and in the classroom. The recipient of this award is committed, driven and passionate about athletics and academics. He/She portrays the fruits of the spirit in his/her daily life. This athlete also maintained a 3.5 GPA in his/her athletic season.
2. All-Conference/All-Area/All-County.
3. Three smaller medals, awarded at the coaches' discretion. These may be statistically based ("best average", most of this or that) or more subjective (coaches awards, effort/hustle award, most improved, etc.), or something else if desired with approval of the Athletic Director.
4. Academic Award - all students in grades 9-12 who maintained a 3.5 GPA or higher during their athletic season will receive the Academic Award.
5. Bayshore Firsts - highlighting the athletes' achievements in the first season of a sport at Bayshore.

Championship Banners: Championship banners will be purchased and hung in the gym for (1) Area Championship teams (defined as conference tournament champion in all "tournament sports"), and/or (2) State Championship teams. Banners are not purchased for regular season first place UNLESS that qualifies the team for state/national play-off competition.

Senior Night: Senior Night celebrations will take place before the last BCS home game/match of the season. Recognition of seniors for their last game will occur at a pep rally in the gym or

immediately preceding the start of a game

UNIFORMS AND EQUIPMENT

Practice Apparel: BCS athletes must wear BCS-issued practice uniforms to all team practices and other events (i.e., pep rallies) as instructed by the head coach or Athletic Director.

Appropriate footwear is required. Students may not practice barefoot, in socks or in dress shoes. Any BCS *game uniforms* may not be worn for P.E., practices, or any other non-game occasions.

Game Apparel: Dispersal: Coaches may not distribute game uniforms until all fees and forms have been collected and approval has been given from the Athletic Director. Uniforms will be dispersed to the students at school before their first game. BCS athletic uniforms should be worn for games only.

The goal of the uniform is unity. With that in mind, we expect our athletes to dress in such a way as to promote unity over individuality.

Game socks for each team may not be worn to practices.

Return: Uniforms will normally be returned by the student on the first Monday after the last season game. Students may not participate in the next seasons sport if uniforms have not been turned in or paid for in full.

Care: In washing uniforms at home please adhere to the instructions printed on the uniform. Any player whose assigned uniform is lost or unnecessarily damaged will be charged the replacement cost of the uniform. No report cards or transcripts will be released at the end of the school year until this matter is resolved.

Jewelry is not permitted in any form in practice/games. Females need to be careful about when you get your ears pierced: you do not want to do this during your sports season because earrings will have to come out for games.

Uniforms should be worn in the most modest fashion possible. A “rolled up” waistband to make shorts “short” is not permitted. Spandex must be visible if issued as part of the uniform.

Game Day Apparel: All students must be in full school uniform on game days. Any exceptions will be approved by the Head of School.

GENERAL INFORMATION

7.1 | Transportation

Drivers: Competent adult drivers in safe vehicles with proper restraint provisions will transport all students. Coaches are legally responsible to make sure every child has a buckled seatbelt.

The Athletic Director, not coaches, will establish the time that students will be released from class for participation in games held on school days.

For all games where school transportation is not available, the Athletic Director will inform coaches of dates when they are responsible for recruiting qualified parent drivers.

Parent volunteer drivers of BCS athletic vehicles must be pre-approved by the BCS athletic

department “Volunteer Driver Application.”

At least one coach must ride in the school bus to away games. The coach is responsible for maintaining good behavior by the athletes on the bus. Male and female students should not sit together in the same bench seat while riding in school or parent owned vehicle.

Students may ride home from athletic events with parents. They must have written permission to ride home with someone other than their parent. It is permissible to write a single note granting permission to cover an entire season for riding home with another parent.

Students will not be allowed to drive themselves or other students to away games. Students may drive themselves in a case where the game is off campus but considered our home field, course, or court.

Eating on Trips: During the week (Monday-Thursday), teams are to travel directly home from away games. They may not stop to eat. Coaches may have their teams stop to eat on Fridays or Saturdays provided the stop has been pre-approved by the Athletic Director. If the game is a long distance or an extended period of time, please contact the Athletic Director for permission to stop on a Monday-Thursday.

Coaches should encourage athletes to pack a “bag” meal for long road trips; or parents may leave early from road games to bring burgers or pizza to deliver to the athletes to eat during the ride home, as long as the food is returned in such time that there is no delay.

7.2 Physicals

An annual physical before playing sports is required.

7.3 Insurance

BCS recommends that each family check with their insurance provider for adequate coverage in the event of injury, especially for collision sports. Most insurance companies provide supplemental coverage for athletics.

7.4 Letter Jackets

Students are eligible to order letter jackets if they are in the 9th - 12th grades and have completed a season on a varsity team. Letter jacket order forms may be obtained from the athletic department. Please allow at least eight weeks for delivery from the date ordered. Jackets ordered for Christmas gifts must be placed by mid-October.

7.5 Severe/Inclement Weather

If lightning is present during an outdoor event, all parties must be moved indoors. The event can only be resumed if 30 minutes have passed since the last visual evidence of lightning. For outdoor practices, heat and humidity are closely monitored. Practices will not be held outside in a heat index of 110 or above.

7.6 Athletic Department Communication

In general, all questions pertaining to practice and game scheduling (times, locations, departures, returns, etc.) should be directed to the team coach and not to the Athletic Director. Daily games and last-minute schedule (including practice) changes will be communicated by the Head Coach.

All athletic schedules are available on the BCS website. All coaches and parents will need to access the website for scheduling information.

7.7 Missed Academic Time for Athletics

The BCS school policy for pre-arranged absence applies to athletics. Athletes and students attending athletic events as spectators are to discuss early dismissal and absences in advance with teachers and are to complete those assignments on time, as described in the BCS Parent/Student Handbook under Absences.

7.8 Managers

Players who have been “cut” are a good resource for team managers and scorekeepers, statisticians, and ball boys/girls. Coaches may offer the opportunity for students to continue to practice with the team as an added incentive for participating as a manager. Additionally, managers may attend away games with the team and enter at no charge.

7.9 Team Parents

A team parent supports the team by encouraging players, organizing carpools, disseminating directions to events, providing refreshments, and promoting team camaraderie by overseeing post game outings. If you are able to support one of our teams in this manner, please contact the head coach or the Athletic Director.

7.10 Policy on Games and Practices during Week Long Breaks and Early Release Days

1. Teams may practice on early release days. This is at the coach’s discretion.
2. Coaches may have mandatory practices over breaks; however, it must be approved by the Athletic Director.

Parents will be informed well in advance of the occasions when our Varsity and Junior-Varsity teams must compete over our fall, winter, and spring breaks. For the long-term success of our athletic program, all athletes are expected to take part in team competitions occurring over any school breaks. Failure to participate in a game over the break will require a consequence of missing another “regular” season game (one regular season game missed for each break game missed). This policy allows us to be consistently competitive and remain in good standing with our conference affiliates.

Please plan your vacations accordingly, as we alert you to the dates of our competitions.

7.11 Supervision at Athletic Events

Children are to be supervised at all times at athletic events. Parents are responsible for the supervision of their children.

7.12 Parents and Fans

Parents should be interested, supportive observers from a distance. The coach needs room to be able to instruct, and the player to perform, without distraction from the stands. It is important to student-athletes that, if possible, parents are present at games, both home and away. A parent’s attendance tells the child that he/she cares and wants to share in the joys and frustrations which are a part of competition. It also gives parents an opportunity to develop a bond with their child and other parents, and to observe the progress made throughout the season.

Practices and tryouts, which are considered valuable instructional and evaluation time, are closed to all non-team or program personnel, unless previously approved by the Head Coach. Invited guests are expected to refrain from disrupting tryout or practice session, and from interacting with players and/or coaches.

Our fans are a vital part of the success of BCS athletics and we encourage vigorous positive participation by our fans.

BCS fans are also ambassadors of Christ and of our school and should cheer our teams in an appropriate manner. Our cheering should encourage all who hear.

Our emphasis on sportsmanship and character amongst our student - athletes and student body begins with the example set by our parents.

Derogatory cheers, comments, “booing”, taunting, arguing, or disputing directed at any participant (players, coaches, officials, and fellow fans) will not be tolerated and will be considered grounds for removal from BCS sport events.

Spectators should never approach an official before, during, or after a sporting event. Never ridicule or shout criticism toward officials and referees.

During a game, the team bench is for coaches, players, and officials only. Do not approach the bench area during a game (including halftime).

A parent’s/fan’s inability to conduct themselves in an appropriate manner while at a BCS athletic event could jeopardize his/her future attendance at BCS events.

Conducting ourselves in this manner should be done for one reason above all; we are not our own. Our old self has been crucified with Christ and we now have our minds set on higher things: “Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. (Romans 12:2, ESV).

7.13 Parent/Coach Communication

All concerns must first be presented by the parent or student to the coach. In all cases, a respectful demeanor is required at all times. If the problem is not resolved, the parent or student may bring the concerns to the Athletic Director. If the student brings the concern, permission from his/her parents is required. If the problem is still not resolved, the parents may appeal to the Athletic Director. If there is still not resolution, parents may appeal to the Director of Operations. If there is still not resolution, parents may appeal to the Head of School. If there is still no resolution, a request in writing for a resolution must be presented to the Bayshore Christian School Board.

Parents are encouraged to wait at least 24 hours after a game before presenting an issue to the coach. Please be assured that our coaches want parental feedback and are expected to be grateful and graceful when you bring your concerns to them in a humble respectful manner, seeking as much to understand as to be understood.

CODE OF CONDUCT

Biblical Basis for Conduct

We believe that it is in keeping with God’s word to compete with the desire to excel, including winning: “Whatever you do, do it with all of your might, as if done for the Lord...it is Jesus Christ you are serving in everything” (Colossians 3:23-24).

We also believe that competing with this desire is only a part of a greater purpose, defined in

Romans 8:29, “For from the beginning God decided that those who come to Him should become like His son” Our greater purpose in our athletic program is moving our athletes toward Christ-likeness and shining the light of Jesus to all who witness this process. We do this by demonstrating the fruit of those who have His spirit within ourselves. When the Spirit controls our lives, he will produce the kind of fruit in us that is found in Galatians 5:22.

BCS Athletic Code of Conduct

Coaches, directors, and players are representing the name of Christ during all public events. Therefore, compliance with the following guidelines will be expected from all participants.

1. Comments by coaches, directors, participants, and spectators should be only uplifting, positive, encouraging statements.
2. Verbal abuses and/or un-Christ-like language or tones of speech toward athletes, spectators, or referees is forbidden. The Athletic Director will determine whether or not such abuse has occurred.
3. Actions of coaches, directors, and athletes should set a positive, encouraging example of Christian conversation and behavior for spectators.
4. Coaches should demonstrate Christ-like decision making when coaching a game where there is large lead by considering how the margin of victory will reflect on himself and Bayshore Christian School, and how a large margin of defeat might impact the players, fans, and coaches of the opposing team. Coaches will be expected to take all measures available to avoid the humiliation of lop-sided scores, including but not limited to removing starters, playing players out of position, and limiting who can score i.e., Basketball teams should not play full-court defense with a lead of 20 or more points and 6 minutes or less left to play.
5. Conduct judged to be improper by the coach, administrator, or Athletic Director might result in immediate withdrawal from the activity, as well as further disciplinary action. Sportsmanship-related technical fouls, red cards, penalties, ejections, etc. will result in a game suspension for a first offense. Additional offenses will continue to result in game suspensions and possible removal from participation. Coaches must report to the Athletic Director all occasions where they or a team member receive an official rebuke for sportsmanship violations (technical, red cards, ejects, etc.). Coaches and team members will also be subject to suspension or removal for inappropriate behavior even if an “official” rebuke is not given.
6. We expect all BCS participants (coaches, fans, and athletes) to ask themselves: “Who is this about? Is this game about me - my needs, desires, or passions - or about serving the Lord? Who am I playing for? Who am I cheering for? Who am I living for? What am I demonstrating by my words and actions?”